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NEWS
WORTH
SHARING.

Falconer appealing conviction

He was found guilty in January of first-degree murder in the death of Amber Kirwan **PAGE 5**

This is garbage! (that we're paying too much for)

Halifax restaurants seeking to ship trash out of HRM, where disposal's expense stinks **PAGE 6**

It's raining depictions of cats and dogs

A hairy-brained idea: Landscape painter and jewelry maker team up to make art of Fido and Fluffy **PAGE 18**

OLYMPIC MEMORIES

SNOWBOARDER ALEX DUCKWORTH BACK HOME, AND WITH PLENTY OF MEMORIES IN TOW **PAGE 25**

Loretta Saunders case a homicide



A photo of Loretta Saunders, a 26-year-old Halifax woman that police now say was murdered.

JEFF HARPER/METRO

'Tragic loss.' Police say they have their suspects after body found in N.B.



HALEY RYAN

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Loretta Saunders' death is "truly a tragic loss," a Halifax Regional Police spokesman said Wednesday, after her missing-person case was ruled a homicide and the 26-year-old's body was found in New Brunswick.

Saunders was found in the median off Route 2 of the Trans-Canada Highway near Salisbury around 4:30 p.m. by Halifax investigators and local RCMP.

"The entirety of the evidence in the case led us to make that determination," said police spokesman Const. Pierre Bourdages, in reference to the case being labelled a homicide.

Forensic investigators from Halifax and New Brunswick RCMP retrieved her remains, and Bourdages said her body will be taken to Halifax where some of her siblings have been staying



Blake Legette at Halifax provincial court Tuesday. JEFF HARPER/METRO

during their search.

"Everybody knows how much the family and friends here in Halifax came together and were attempting to locate Ms. Saunders and bring her back safely home," Bourdages said. "It's truly a tragic loss."

Bourdages said Saunders' family in Halifax and Labrador were notified in person about her homicide, and later when her body was found.

He said police have identified suspects in the homicide, and are not looking for anyone else. Bourdages said they can't publicly name them until charges are laid, which will be "as soon as possible."

Ontario police arrested Victoria Henneberry, 28, and Blake Legette, 25, last week after they were found near Windsor, Ont. and charged with stealing Saunders' car.

Both Legette and Henneberry were brought to Halifax and remain in custody. They also face charges of fraud, related to allegedly using Saunders' debit card, that will be handled by Ontario police.

They were reportedly renting an apartment on Cowie Hill Road from Saunders.

Henneberry is due in Halifax provincial court Thursday to face the vehicle charge, and Legette will appear on Friday for a bail hearing after his case was set over by a judge Tuesday.

Saunders, a Saint Mary's University student, hadn't been seen since she left her Cowie Hill Road apartment on Feb. 13, and was officially reported missing by her family a few days later.

She was an Inuk woman from Labrador, and in the last year of her honour's sociology degree. Saunders was working on a thesis about missing and murdered Aboriginal women.

More coverage, page 3



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Reaction

Outpouring of condolences for Loretta Saunders

Some posts to the Metro Halifax Facebook page on Wednesday over the homicide of Loretta Saunders:

Deborah Baker: My heart breaks knowing this has happened in a little province like N.S. It's terrible when criminals live amongst us who have no respect for people or things. It is a sad day for us all in this province.

Ashley Dawn Thompson: So sad. Such a useless act these people did. Prayers to the family.

Tracy Oakley: Keeping the community and loved ones of Loretta Saunders in my prayers. They were so full of hope at (Tuesday) night's vigil. My heart hurts for all of them.

Miss EKay: I'm not a praying person, but this story has gotten to me. I send my warmth and strength to the family.

Joshua Anthoney Schram: I had only hoped this girl was OK. Sorry for your loss Saunders family. We live in a dark world and this should never have happened.

Lindsay Lea Newman: To think she had a baby on the way too. Unbelievable : (so sad to hear.

Lisa Darrah: Condolences and prayers to Loretta's family, especially at this time. "hugs" METRO



The scene where the body of Loretta Saunders was found.

MARC GRANDMAISON/THE CANADIAN PRESS



Cheryl Maloney, right, is comforted by fellow search volunteer Lisa Webb during a press conference after police announced they had found missing Halifax woman Loretta Saunders' body. GEORDON OMAND/FOR METRO

Inquiry urged into slain and missing aboriginals

Loretta Saunders. Volunteers rallied and searched throughout city for missing woman

A group of volunteers involved in the search for Loretta Saunders spoke out hours after police announced they had found the missing Inuk woman's body.

It's time for an inquiry into missing and murdered aboriginals, said a visibly upset Cheryl Maloney, president of the Nova Scotia Native Women's Association.

Quoted

"People really stepped up and fell in love with this girl."

Cheryl Maloney, president of the Nova Scotia Native Women's Association

"Every aboriginal girl in this country is vulnerable," she said Wednesday evening from the group's ad hoc volunteer headquarters on Gottingen Street.

"It's disheartening," said Maloney, adding she wasn't speaking for the family, but as a volunteer and aboriginal

woman. "How many more families does this have to happen to?"

"We shouldn't be growing up in a country where we're at risk to be missing and murdered more than anyone else."

Saunders, a 26-year-old Saint Mary's University student originally from Labrador, was reported missing by her family on Feb. 17.

She was in the final year of her degree in honours sociology, with a thesis focused on missing and murdered aboriginal women.

"Loretta's passion was this whole issue," said volunteer Diane Obed on Wednesday.

"It's a crisis ... and it can't be ignored anymore."

Within 72 hours of starting the search, Maloney said thousands of posters had been put up throughout the city, and volunteers had raised \$12,000 to help finance the search and bring Saunders' family and friends to Halifax.

"Loretta became something not just to us as the volunteers, but to this city, to the province, to the public."

"We just want to thank the community, the city of Halifax," said an emotional Jean Flowers, a volunteer from Hopedale, Labrador.

GEORDON OMAND/FOR METRO

1 NEWS



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Charges laid. Police called to school over impaired parent picking up child

A 42-year-old man has been charged with impaired driving after police were called to a Halifax-area school about a parent who had been allegedly drinking picking up his child.

Halifax RCMP spokesman Cpl. Scott MacRae said they received a call from Graham Creighton Junior High School at about 3:20 p.m. Tuesday about the potentially impaired parent.

The 42-year-old was found about 10 minutes later at a home on Odelle Drive in Westville.

MacRae said the man was

Westville

- The 42-year-old man is due in Dartmouth provincial court on April 23.

arrested and taken to the Cole Harbour detachment where tests showed he had a blood-alcohol level of .100, which is above the legal limit of .08.

MacRae couldn't confirm who was in the car with the man, as when officers arrived the suspect was inside.

METRO

iPhone theft. Two people from Dartmouth charged in waterfront robbery

Two people from Dartmouth are facing charges in relation to a robbery near the Halifax ferry terminal last month.

On Jan. 11 around 11:30 p.m., police say a 21-year-old man had gotten off the ferry and was walking near the Historic Properties when two people came up to him and shoved him up against the

wall.

The two suspects then searched his pockets and fled with the victim's iPhone.

In the past week, police have arrested a 23-year-old man and a 17-year-old male from Dartmouth.

Both are charged with robbery and breach of probation.

METRO

Bottoms up

Liquor Corp. sold less alcohol last quarter; profits up

The Nova Scotia Liquor Corp. says the amount of alcohol it sold in its most recent quarter dropped but its profits are up.

The Crown corporation

says sales in the quarter ending Dec. 28 reached \$156.1 million, an increase of \$440,000 when compared with the same period last year.

Profits from operations rose by \$1.1 million to \$61.8 million. However, the volume of alcohol sold declined by 1.9 per cent, and sales of beer and spirits continue to wane.

METRO



Chris Falconer, shown in this file photo, is appealing his murder conviction in the killing of Amber Kirwan. Falconer pleaded guilty in a separate case to second-degree murder as a teenager for strangling a cab driver in 1998. He was 15 at the time of that murder, but was ordered to stand trial as an adult. He was granted full parole after serving 12 years in prison. METRO FILE

Falconer appealing murder conviction

New Glasgow. Amber Kirwan bled to death after being stabbed at least 10 times in 2011

The Crown says Christopher Alexander Falconer is appealing his first-degree murder conviction in the death of Amber Kirwan.

Crown attorney Patrick Young says Falconer has filed a

prisoner appeal against conviction, but he had not seen his reasons for doing so. Young, who was co-counsel in the prosecution, says he's not surprised Falconer is appealing the decision since he has "nothing to lose."

Falconer, 31, was given an automatic sentence of life in prison with no parole eligibility for 25 years after he was convicted by a jury in January.

He pleaded not guilty to first-degree murder in the



Amber Kirwan CONTRIBUTED

death of Kirwan, a 19-year-old woman who vanished after leaving a pool hall in New Glasgow on Oct. 9, 2011.

Her naked, bound remains were discovered in a clandestine grave about a month later in nearby Heathbell.

During the trial, Kirwan's boyfriend, Mason Campbell, testified that he was supposed to pick up Kirwan at a convenience store the night she went missing but she never arrived.

THE CANADIAN PRESS



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Restaurants in Halifax raising a stink about garbage fees

Trash talk. Food association hopes to ship waste out of HRM



HALEY RYAN

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Halifax restaurants are hoping regional council will agree the Otter Lake landfill has put up with enough of their garbage.

Luc Erjavec of the Canadian Restaurant and Foodservices Association (CRFA) said they are urging HRM councillors not to raise waste-disposal fees, and listen to staff recommendations that would allow restaurants to send their garbage outside the city.

"We pay far too much for garbage in HRM," Erjavec said Wednesday. "Our rates are up to three times the cost of other Canadian jurisdictions."

Erjavec said council is con-

sidering raising the garbage disposal fees from \$124 per tonne by 36 per cent, to about \$175 per tonne.

Small businesses and restaurants could save money by shipping their garbage to neighbouring districts, Erjavec said, where landfills would welcome the extra income and charge "well under" \$100 a tonne.

A "decent-sized" restaurant has \$1,000 in garbage bills a month, so the 36 per cent hike would add more than \$3,000 to that over the course of a year, Erjavec said.

The province has some of the strictest environmental standards in the country, Erjavec said, so recyclables and compost would still be properly sorted out.

"It's not as if we're suggesting sending it to China or dumping it in the ocean, it's still ... meeting the high Nova Scotia standards," he said.

Erjavec said the garbage might actually travel a shorter distance to an outside landfill, since HRM is such a large

Quoted

"Let's not pay through our nose."

Luc Erjavec, of the Canadian Restaurant and Foodservices Association.

Erjavec is urging HRM councillors not to raise waste-disposal fees, and wants them to listen to recommendations that would allow restaurants to send their garbage outside the city.

municipality that getting waste from one corner over to Otter Lake takes time.

The move would keep large amounts of garbage from going in Otter Lake, Erjavec said, which has made headlines recently over talks to change the front-end processing system.

"If it's still disposed of in an environmentally responsible manner ... and can save businesses money, and prolong the life of the landfill, why wouldn't we do it?" said Erjavec.

Council is expected to vote on the increased garbage fee in the next few weeks.



Luc Erjavec poses for a photo near some industrial garbage bins on Wednesday. JEFF HARPER/METRO

Job grant program may cut support for people with disabilities: Group

A Nova Scotia group that helps people with disabilities find and keep jobs says it has laid off support workers because of a funding dispute between Ottawa and the province.

The Collaborative Partnership Network says if it loses its 11 counsellors

then the jobs of up to 200 Nova Scotians with disabilities could be at risk.

Janice Ainsworth, co-chairperson of the network, says the program provides vital counselling to both employers and employees that helps keep people with disabilities off wel-

fare.

Ottawa sent an offer last week to the provinces on a funding deal for job training and they have until Friday to accept it.

The provinces have said they want to keep their existing programs under the so-called labour

market agreements, while Ottawa has proposed to shift millions of dollars into its employer-directed Canada Job Grant program.

The employees in the nine agencies under the Collaborative Partnership Network rely on an annual budget of

\$500,000 that came from federal funding for training.

The network is one of a number of groups in the province who say their job training programs are at risk under the federal changes.

THE CANADIAN PRESS

By the numbers

200

The Collaborative Partnership Network says if it loses 11 counsellors then the jobs of up to 200 Nova Scotians with disabilities could be at risk.

All aboard!

Province hands \$2 million to new Yarmouth Portland ferry service

The Nova Scotia government is handing \$2 million to the company chosen to operate a ferry service linking Yarmouth with Portland, Maine, saying the money is needed by Nova Star Cruises to meet U.S. federal requirements.

Economic Development Minister Michel Samson says the money will be used by the company to post a bond required by the U.S. Federal Maritime Commission.



The new ferry that will be running. CONTRIBUTED

Samson says the \$2 million will come from the \$21 million the government has already committed over seven years to support a new service.

So far, the province has provided \$6.8 million to the company, including the \$2 million for the bond.

Mark Amundsen, CEO of Nova Star Cruises, says the funds will enable the company to start advertising fares and selling tickets.

Amundsen says he is looking forward to welcoming passengers aboard the ferry service beginning in May.

METRO

Horrific act

Cape Breton man gets federal time for killing puppy

A 31-year-old Sydney man who pleaded guilty to beating his former girlfriend and kicking her eight-month-old puppy to death has been sentenced to a federal prison term.

Brian David Cooper of Cross Street will serve a two-year federal sentence followed by a one-year probation period.

He is prohibited from possessing weapons for 10 years and life for restricted weapons. He is to submit a

DNA sample to the national registry and is banned for 10 years from owning animals or birds or having such creatures on any property he owns.

Among the conditions of his probation, Cooper is to refrain from alcohol and take all counselling as recommended by his probation officer.

The sentence was imposed after Cooper pleaded guilty to two counts of assault with a weapon (a coat hanger and a machete), two counts of assault and one count each of unlawful confinement, uttering a death threat and animal cruelty (killing a puppy named Thunder).

CAPE BRETON POST

Up in smoke

Burning law reduced to cinders

People in Nova Scotia will no longer need a permit to burn domestic brush and the province's restricted brush burning season will begin two weeks earlier under changes being implemented this year. Instead of issuing permits, the provincial government will begin posting an online burning restrictions map to inform people when it is safe to burn a pile of brush. Churchill also announced that restricted brush burning will begin March 15 instead of April 1.

THE CANADIAN PRESS

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Councillors to face tough choices to fund projects

Tax or save? Great big ideas mean big money that is not currently available, says CAO



ALY THOMSON
halifax@metronews.ca

The municipality's chief administrative officer is warning regional council that it will have some tough choices to make with big projects on the horizon.

Richard Butts presented a draft Wednesday of the municipality's three-year budget plan for projects.

Butts said that while the municipality has done a good job of maintaining its assets in recent years, in order to fund new projects, decisions will have to be made.

"We have a desire to do much more and we do not have the funding for it right now," Butts told Committee of the Whole.

Some of the projects that are already in the planning phase, including a long-term arena strategy and streetscaping, could run between \$120 million and \$150 million, he said.

There are also a number of projects in the discussion phase, including a firefighter training facility and per-



Chief Administrative Officer Richard Butts presented a draft Wednesday of the municipality's three-year budget plan for projects. METRO FILE

forming-arts centre.

Butts said the municipality has several options to free up funds, including delaying or cancelling other projects and selling surplus properties.

A staff presentation said significant funds are tied up in properties like the Bloomfield Centre and St. Patrick's

High School.

The municipality also has the option to increase property taxes or debt, he said.

"As we look at the projects and we look at how to build these facilities and fund them, those are the options that are before us," he said.

Council directed staff to

prepare a preliminary three-year projects budget, which will go to the audit and finance committee in June.

A motion was also passed for staff to look at adding \$1 million to its streets and roads budget specifically for micro sealing — a type of sealant that can extend the life of

asphalt anywhere from five to 10 years.

Deputy Mayor Darren Fisher, who made the motion, said the work would bring streets that are currently at a "seven" on the service to stress index up to a "10."

"It's like putting a filling in a really good tooth," he said.

Facts and figures

Average property tax bill would stay the same under proposal

The majority of homeowners wouldn't see an increase on their tax bill next fiscal year under municipal staff recommendations.

Council's Committee of the Whole directed staff Wednesday to proceed with a proposed corporate-accounts budget and business plan for the 2014-15 fiscal year.

The plan includes residential tax rates of about 0.6 per cent and commercial tax rates of about 2.9 per cent.

A staff report said about 87 per cent of homes and about 57 per cent of commercial properties would not see any additional taxes under the plan.

The municipality would receive about \$13.7 million more in revenues.

The proposal will come back to Committee of the Whole next month as part of the overall budget and will eventually land at regional council in the spring.

HRM assets

\$3.1B

The book value of HRM's assets, including buildings, roads, vehicles and parks

Mobile asphalt plant for sale — barely used

The government of Nova Scotia is selling its mobile asphalt plant, a year and a half after it went into operation.

The province's Transportation Department has brought in General Combustion Corp. to advertise and market the plant beginning Monday.

General Combustion originally built and sold the plant to the previous NDP government in 2011 for \$3.6 million. The Transportation Department says the government is asking for \$2.75 million.

The plant went into operation in August 2012. At the

time, the government said it wanted to address unfair pricing and a lack of competition for project tenders in some rural areas.

That was part of the NDP's government-run paving program, which was discontinued in the fall. **THE CANADIAN PRESS**

Founders Week

Shania Twain to return to Maritimes

Country singing superstar Shania Twain will headline a special concert as part of Founders Week festivities this summer in Prince Edward Island.

The concert is scheduled for Aug. 30 at the Charlottetown Event Grounds.

Organizers say the performance will be Twain's

first in Atlantic Canada in 15 years.

Tickets will go on sale to the public on March 7.

Founders Week is the commemoration of the 150th anniversary of the Charlottetown Conference that led to Canadian Confederation in 1867.

The festival to be held during the first week of September will also feature a number of cultural events and a gathering of tall ships.

THE CANADIAN PRESS



Shania Twain GETTY IMAGES

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Pursuit. Confused Japanese tourists trigger police chase; ends well

The first night in the United States for a family of Japanese tourists ended with the parents being pulled from their rental car at gunpoint with their young son watching after their confusion about American traffic laws set off a high-speed pursuit in southern Utah.

The pursuit began at 1 a.m. Saturday on Interstate 15 near the Utah-Arizona border when the couple's car was spotted going just 37 m.p.h. and swerving between lanes, said Lt. Brad Horne, Utah Highway Patrol's DUI unit commander.

More than a dozen patrolmen were working the area in a special DUI operation, and Horne said he figured the car was being driven by a drunken driver. Horne turned on his lights and siren to pull the car over.

Instead of pulling over, the driver sped up to 75 mph and began driving erratically, he said. Her speeds fluctuated between 40 and 75 mph as she weaved across lanes and into

From pursuit to help

Realizing they were dealing with language and cultural barriers, and not drunken fugitives, officers changed their strategy.

- They located a cop who spoke Japanese to help them.
- Nobody was hurt and no cars damaged other than the flat tires. About a dozen law enforcement officers were involved. There are no charges.

the shoulder.

Soon, there were three patrol cars in pursuit with other officers closing highway off-ramps and setting tire spikes miles ahead, Horne said. "It was literally red and blue lights in every direction," Horne said. After the vehicle stopped, cops realized they were tourists.

THE ASSOCIATED PRESS

Vancouver journalism school uses drones for news



Ethan Baron teaches students Andrea Anthony and Jenny Peng. METRO

Langara College. One future support for news gathering is being tested

It's a bird, it's a plane, it's Superman! ...Wait, no, it's an air drone, and it could be the future of news gathering.

Langara College's journalism instructor Ethan Baron is pushing his students ahead of the game, teaching them to use a drone equipped with an HD-camera capable of being handled with a smart-

Phantom 2 Vision

"If you have one of these, then they can capture so much more footage."

Amy Jones, a Langara College journalism student

phone.

It's the kind of device that could boost the concrete facts and information journalists yearn for, and it has all sorts of practical applications, said Baron in Vancouver Wednesday.

"You can have a fire, or a demonstration, or a riot, and that would allow you to see the scale of the event you're covering," he said. "Of course you would have reporters, photojournalists and video journalists on the ground covering whatever action is taking place, then you'd have an overview, which is almost impossible to get at most news outlets these days because most can't afford what it takes to get that perspective."

"Think about something like the Vancouver riots when it was really dangerous for reporters and photographers to be out there," said student Amy Jones.

SAM SMITH/FOR METRO IN VANCOUVER

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Resignation not valid?

Journalist claims former Pope pressured to leave

Retired pope Benedict has denied speculation that his resignation was not valid.

Benedict wrote to the La Stampa newspaper amid a new round of speculation ahead of Friday's first anniversary of the resignation. Italian journalist Antonio Socci suggested in the daily Libero that the resignation may have been invalid, claiming Benedict was

pressured to leave by some cardinals who opposed him.

But the Pope emeritus says his resignation was perfectly valid. "There isn't the slightest doubt about the validity of my resignation from the Petrine ministry," La Stampa quoted Benedict as writing. "The only condition for the validity is the full freedom of the decision. Speculation about its invalidity is simply absurd." Benedict defended his decision to continue wearing a white cassock.

THE ASSOCIATED PRESS

King City, California

Cops accused of taking impounded cars

One-third of a central California town's police force was taken off duty after several officers were arrested in a scheme to take for themselves the impounded cars of some poor Hispanic residents, authorities said.

The cars were sold or taken by cops when car owners couldn't pay the fees. THE ASSOCIATED PRESS

2013	SUPREME COURT OF NOVA SCOTIA	Hfx No. 421203
BETWEEN:	CIBC Mortgages Inc., trading as FirstLine Mortgages, a body corporate	PLAINTIFF
	- and -	
	PricewaterhouseCoopers Inc., in its capacity as Trustee of the estate of Alexander James Mulford, a bankrupt	DEFENDANT
NOTICE OF PUBLIC AUCTION		
To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:		
PROPERTY:		
House, lands and premises known as 33 Helene Avenue, Dartmouth, Halifax Regional Municipality, Nova Scotia, identified by PID 191528 and referenced at Schedule "A" of the mortgage dated April 10, 2012 and recorded at the Halifax County Land Registration Office as Document No. 100459420. This property is registered pursuant to the Land Registration Act.		
A copy of the description of the property, as contained in the mortgage foreclosed, are on file at the Sheriff's office and may be inspected during business hours.		
Date of Sale: Thursday, March 6, 2014.		
Time of Sale: 12:30 p.m. local time.		
Place of Sale: Conference Room 3, 2nd Floor, The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.		
Terms: Ten per cent (10%) deposit payable by cash, certified cheque or Solicitor's trust cheque at the time of sale, remainder within fifteen (15) days upon delivery of deed.		
Signed January 27, 2014.		
Nicholas C.G. Mott COX & PALMER 1100-1959 Upper Water Street PO Box 2380 Central Halifax, NS B3J 3E5 Solicitor for the Plaintiff		Allan D. Coley Sheriff for Halifax Regional Municipality

Facelift for Renaissance frescoes

Rome. The World Monuments Fund Europe will allocate some \$1.2 million for the restoration of 16th century artwork

Some of the most splendid frescoes in one of Rome's most stunning Renaissance palazzi

are getting a much needed facelift.

The Carracci Gallery, a salon whose ceiling was frescoed with sensual nudes and playful cherubs to celebrate the wedding of a pope's niece, will be closed to tourists in the Farnese Palace until late spring 2015.

The palace is home to the French Embassy, which said Wednesday patronage of the World Monuments Fund Europe will help cover the €800,000

Quoted

"So many tourists knock on our door and say, 'Can we come in and look?'"

Deputy Ambassador of France in Rome, Erkki Maillard

(\$1.2 million) restoration of the 400-year-old frescoes.

Besides cleaning the paintings, restoration beginning mid-March involves repairing

cracks and water infiltration damage.

With France facing European Union pressure to control public finances, Deputy Ambassador Erkki Maillard promised the restoration will be at zero cost to French taxpayers.

The palazzo's facade features details by Michelangelo. To admire the embassy's splendid interior tourists must make reservations for small weekly tours.

THE ASSOCIATED PRESS



Cracks mark the section of the frescoed ceilings depicting queen Cassiopeia and king Cepheus of Ethiopia in the Carracci Gallery of the Farnese Palace in Rome.

DOMENICO STINELLIS/THE ASSOCIATED PRESS

Give your dog a break?

Behaviourists say dogs lack shame

The next time you start shaking your finger and shouting "Shame on you!" because your dog chewed up your favourite fuzzy slippers, just remember that no matter how guilty your dog looks, it doesn't know what your rant is about.

Behaviourists insist dogs lack shame. The guilty look — head cowered, ears back, eyes droopy — is a reaction to the tantrum you are throwing now over the damage they did hours earlier. Scientific findings haven't put a dent in the popular-



Maymo the lemon beagle poses for a shame illustration.

JEREMY LAKASZYCK/THE ASSOCIATED PRESS

ity of online dog shaming sites like dogshaming.com and shameyourpet.com. In posted photos, dogs wear humorous written "confessions" and often are surrounded by the remnants of their misdeeds.

THE ASSOCIATED PRESS

Chile. Toxins from algae likely poisoned whales millions of years ago



In this August 2010 file photo, a prehistoric whale fossil lies in the Atacama desert near Copiapo, Chile. MUSEO PALEONTOLOGICO DE CALDERA, FILE/THE ASSOCIATED PRESS

Scientists investigating a graveyard of marine mammal fossils near Chile's northern coast say toxins generated by algae blooms most likely poisoned the animals millions of years ago.

The study by a team of Chilean and Smithsonian Institution scientists was published Wednesday in the journal Proceedings of the Royal Society B.

The experts travelled to Chile's Atacama region in 2011 to unearth one of the

world's best-preserved graveyards of prehistoric whales.

Other unusual creatures found at the "Whale Hill" site include an extinct aquatic sloth and a walrus-like toothed whale.

Scientists say the "orientation and condition" of the skeletons show that the animals "died at sea, prior to burial on a tidal flat."

The remains were first found by highway construction workers in 2010.

THE ASSOCIATED PRESS

Be Prepared for Snow!



The overnight parking regulations will be in effect from December 15 until March 31, and will be enforced from 1 a.m. to 6 a.m. during declared snow and ice events only.

Would you like to receive a phone call, text message or e-mail notification when the parking ban is in effect?

To register go to www.halifax.ca/snow, email contacthrm@halifax.ca or call 311.

Provincial legislation

HRM reminds residents that Section 139 of the Motor Vehicle Act requires that people remove their vehicles from the streets, day or night, during a snow and ice event. Vehicles obstructing snow removal or winter maintenance operations can be removed at the owner's cost, regardless of time or date.



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Justin Bieber exchanges swagger for stagger in latest video

In this Jan. 23, 2014, video frame grab released by the Miami Beach Police Department, singer Justin Bieber, centre, is shown walking unsteadily during a sobriety test at a police station in Miami Beach, Fla. The Miami-Dade county prosecutors released about 10 hours of video Wednesday. Bieber pleaded not guilty to driving under the influence, resisting arrest and driving with an invalid licence. MIAMI BEACH POLICE DEPT./THE ASSOCIATED PRESS

Omar Khadr a minimal threat, says ombudsman

Classification. Prison authorities urged to take into account evidence that Canadian former Guantanamo detainee has no more terrorist ties

Quoted

"This is a government that has no compassion even for the most vulnerable in our society. It is spiteful and wishes to run out the clock on Omar by keeping him in prison for as long as they can."

Dennis Edney, one of Khadr's Canadian lawyers, who called it "disgraceful" that authorities have ignored the federal prisons ombudsman's repeated recommendations.

Canadian correctional authorities have unfairly classified former Guantanamo detainee Omar Khadr even though they lowered his risk rating from maximum to medium security, the federal prisons ombudsman complains.

In a letter obtained by The Canadian Press, the Office of the Correctional Investigator urges prison authorities to take into account evidence that Khadr poses minimal threat and should be classified as such.

"(Correctional Service of

Canada) officials also note that there is no evidence Mr. Khadr has maintained an association with any terrorist organization," the letter to CSC's senior deputy commissioner states.

The letter this month by Ivan Zinger, executive director

of the independent Office of the Correctional Investigator, is the office's third such complaint since Khadr returned to Canada in 2012 to serve out the rest of an eight-year sentence for war crimes.

Corrections recently reclassified Khadr, 27, and transferred him from the maximum-security Edmonton Institution to the medium-security Bowden Institution in Innisfail, Alta.

But the ombudsman argues that doesn't go far enough, given that Khadr pleaded guilty in October 2010 to crimes he committed in Afghanistan as a 15-year-old. **THE CANADIAN PRESS**

Rob Ford cuts a wide swath through meeting of mayors

Toronto Mayor Rob Ford blew into Ottawa Wednesday with his trademark bull-in-a-china-shop style, wowing crowds, scrumming with reporters and knocking a scheduled meeting of the Big City Mayors' Caucus off its moorings.

"I got along well with all the mayors, I didn't think I

was a distraction," Ford told his second scrum of the morning at the first Federation of Canadian Municipalities meeting he has ever attended.

Ford said he told the other mayors to back a federal party.

"So I said ... in the next federal election, take a stand.

Either you're going to support (Tom) Mulcair and the NDP or you're going to vote (Justin) Trudeau and the Liberals or you're going to vote for the new leader of the Bloc," Ford told reporters. "But don't sit there and complain if you're not going to take a stand."

THE CANADIAN PRESS

Arizona

Governor vetoes anti-gay bill

Arizona Gov. Jan Brewer has vetoed a bill that set off a national debate over gay rights, religion and discrimination.

She announced the veto Wednesday after holding private meetings with opponents and proponents.

THE ASSOCIATED PRESS

Ukraine's protest leaders pick top lawmaker for PM

Coffers to fill. The new leader will be walking into a country rife with financial problems

Leaders of Ukraine's protest movement on Wednesday proposed a top legislator as the country's next prime minister, while Russian President Vladimir Putin ordered major military exercises just across the border in a show of force and apparent displeasure over the country's new direction.

The new government, which is expected to be formally approved by parliament Thursday, will face the hugely complicated task of restoring stability in a country that is deeply divided politically and

on the verge of financial collapse. The country's pro-Russian president, Viktor Yanukovich, fled the capital over the weekend.

At Kyiv's Independence Square, the heart of the protest movement against Yanukovich, the interim leaders who seized control after he fled proposed Arseniy Yatsenyuk as the country's new prime minister.

Yatsenyuk, 39, is a millionaire former banker who served as economy minister, foreign minister and parliamentary speaker before Yanukovich took office in 2010. Widely viewed as a technocratic reformer, he appears to enjoy the support of the U.S.

The top U.S. diplomat for Europe, Victoria Nuland, was

overheard discussing Yatsenyuk and other Ukrainian opposition figures in a bugged phone call that was leaked, saying "I think Yats is the guy who's got the economic experience, the governing experience."

If confirmed, one of the first jobs for Yatsenyuk and other members of his new Cabinet will be seeking outside financial help from the European Union and the International Monetary Fund. Economists say Ukraine is close to financial collapse, with its currency under pressure and its treasury almost empty. The acting finance minister has said Ukraine will need \$35 billion in bailout loans to get through the next two years.

THE ASSOCIATED PRESS



Palestinians pray over recovered body

Palestinians pray during the funeral of Sami Bsharat, a Palestinian militant who was killed in operation by the Israeli army in 2003, in Tamoun village near Jenin city in the West Bank on Wednesday. Recently Israel has been returning the bodies of dead Palestinian militants to their families for burial.

NASSER ISHTAYEH/THE ASSOCIATED PRESS

AN INSIDE LOOK AT CANADA'S ROAD TO GOLD



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U.S. senators turn to scare tactics in Keystone battle

Pipeline. Politicians trot out scary tales from Alberta in bid to get Obama to reject contentious project

Horror stories about the Alberta oilsands' impact on human health are being shared in Washington, D.C.

A pair of anti-Keystone XL U.S. senators invited witnesses Wednesday to provide anecdotes about the effects on people near sites where the oil is extracted, transported and refined.

They hope these human-interest stories might influence the Obama administration as it prepares its final decision on the Keystone XL pipeline.

One of the speakers at the

Anecdotal evidence

"Health miseries follow tarsands from extraction to transport, to refining, to waste disposal."

Barbara Boxer, chair of the Senate environment committee

event was John O'Connor, an Alberta doctor.

He first went public in 2006 with concerns about what he considered to be elevated cancer rates around Fort Chipewyan, Alta.

Many of the 1,200 residents believe their proximity to oilsands development and major forestry mills in Fort McMurray have led to contamination of water and wildlife and a higher rate of cancer and other ill-

nesses.

The event organizer said she would send a letter to her longtime colleague in the Senate Democratic caucus, current U.S. Secretary of State John Kerry, asking him to consider human health as he prepares a recommendation to U.S. President Barack Obama.

"I have shown you, or at least I have told you, how health miseries follow the tar sands," said Barbara Boxer, the chair of the U.S. Senate environment committee, at a news conference.

Boxer said the health aspect has been overlooked in the discussion and was disappointingly absent in the State Department's recent environmental report, which predicted no significant effect on carbon pollution whether or not the pipeline is built. **THE CANADIAN PRESS**



Heads bowed, hands out: Ukraine seeks bailout

A woman walks past a local bank set on fire in Kyiv's Independence Square, the epicentre of the country's current unrest, in Ukraine Tuesday. Ukraine needs money, and fast — in weeks, not months. But bailing out the country of 46 million people will not be as easy as simply writing a big cheque. For one, Ukraine has already burned the main international financial rescuer, the International Monetary Fund, by failing to keep to the terms of earlier bailouts from 2008 and 2010. Now it needs help again, and its economic and financial problems are worse than before. **THE ASSOCIATED PRESS**



l-r: Amanda Alexander, Denise Green

A new face at United Way Halifax!

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HOW TO SCORE A DATE

There was a time when online dating was an embarrassing ordeal, but now it's so commonplace that you'd be an idiot not to have an online profile.

Sure, you might have a loving spouse and a beautiful child, but you haven't truly lived until you've experienced the thrill of a suitor who eyes your 1,500-word profile, feels a moment of inspiration and writes, "Hey."

I spent so many years on dating sites that it might be the Stockholm Syndrome talking, but I really came to enjoy the myriad of ways people misspelled even the simplest English words. "Beautyfull girl with nothing too loose lokking for someone spatial!"

With enough hours online to merit a Malcolm Gladwell reference, a friend of mine recently asked me to offer advice about her profile. I was honoured. In reply, I've written this can't-miss list of online dating tips that will have her — and



HE SAYS

John Mazerolle

metronews.ca

your — inbox filled with so many yo's and sup's that the NSA won't have the resources to keep up.

Love Bytes: A Guide To 'Electronic Dating'

- Your profile name, or handle, should include your full name and address to speed things along.
- Next comes the tagline. Reel in potential suitors with so-called "clickbait" headlines, like "You Won't Believe What Happened To The Last Guy I Dated."
- Never lie, unless you're older or heavier than you want to say you are, in which case go to town.
- Ask a compelling question to prompt more meaningful messages. "If God loves us why must people suffer?" and "Are gravitons fundamental in string theory?" are both great conversation starters.
- Be specific. Wrong: I'm quirky and fun. Right: I am the mayor of Toronto.
- Be sure to list all the things you DON'T want, especially

freaks, flakes and game-players, in angry detail. Ranting about previous partners with absolutely no prompting lets people know you mean business. It's no different than when you apply for a new job and your cover letter says, "I'm a good worker, so you'd better not be a lame company or I walk."

- Be sure to pepper the profile with LOLs. Besides their inherent aura of intelligence and charm, the mental image of you laughing at each sentence you write as you sit alone with your laptop is irresistible.
- Taking a selfie in your bathroom mirror shows off your body and your bathroom, which is an efficient way to convey two important pieces of information.
- Big group shots with friends are great, because it shows there is a Plan B, C and D.

And that's my advice. I hope you found it helpful. One last word if you're an older person who is still afraid of technology: Learn to embrace computers and smartphones for your dating needs. Otherwise, you'll be dating yourself.

ZOOM

Artist bends body into an animal

At first glance it looks like a giraffe, but a closer inspection reveals the body of a gymnast contorting herself into the shape of the exotic animal. Beth Sykes, 20, from Featherstone, Yorkshire, in north England, says it was a "spur of the moment" decision to transform her body into that of the long-necked creature. **METRO**

The gymnast

"We just thought one day that it would be cool to paint me as a giraffe. Then finally we had some time and decided to do it. It took six hours of painting but it was worth it."

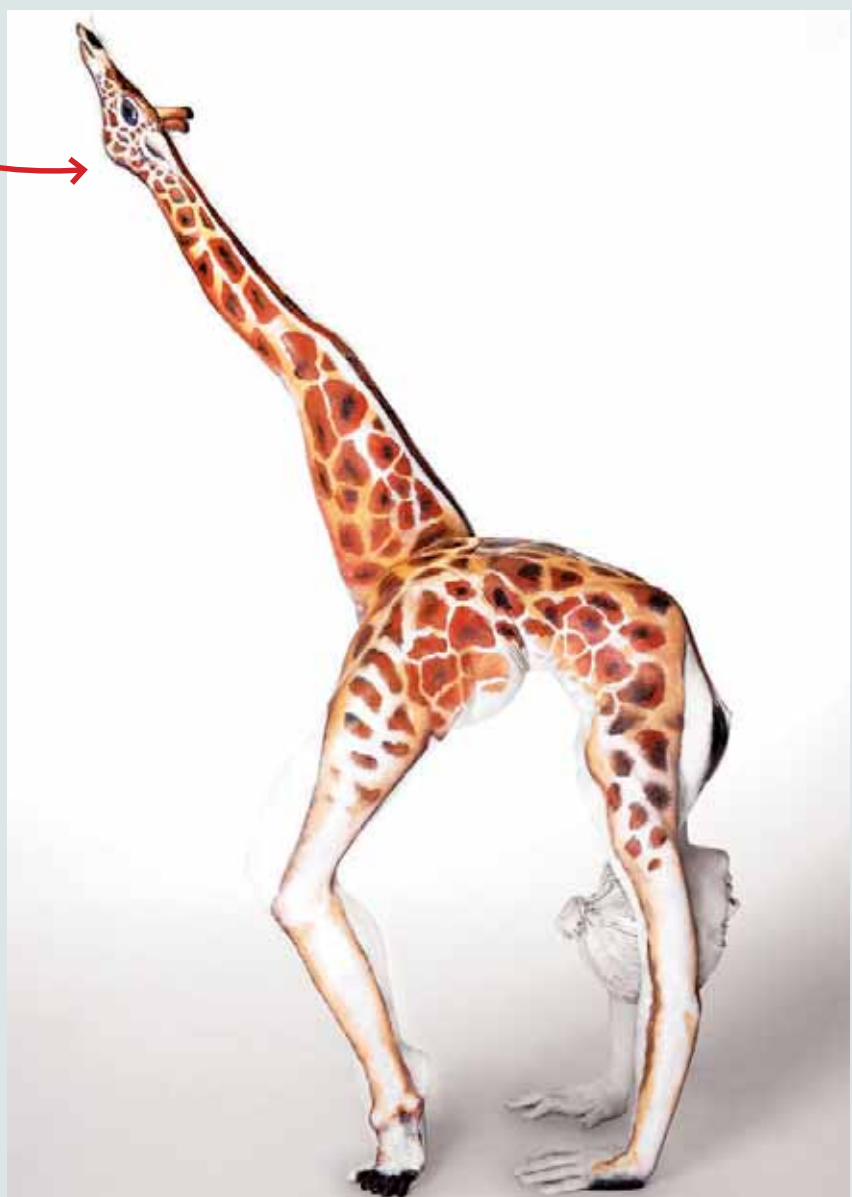
Contortionist Beth Sykes teamed up with her friend and body art painter Emma Fay to produce her giraffe-like look.

All paint, apart from the ears

Fay the artist painted the head of the giraffe on one of Sykes' feet, and hooves on the other foot and one hand.

"The only bit that wasn't my body was the giraffe's ears — we made them out of a foam yoga mat," added Sykes.

METRO



JONATHAN MACAULEY/ROSS PARRY AGENCY

Clickbait



DYLAN ROBERTSON
Metro Online

Worried about how loud sounds affect your health? Perhaps you're curious how noisy your neighbours really are. Your smartphone can be used as a decibel meter thanks to these free apps.

Decibel 10th:

This app includes a graph similar to a heart-rate monitor. It also tells you what your current sound environment is comparable to, like a hushed conversation or a plane taking off. A similar Android app is Sound Meter.

Decibels:

A camera comes with this app, allowing you to capture a photo along with the volume level at the time.

Decibel Ultra:

The two meters in this app measure both ambient sound and incoming noises. A number of sophisticated features allow you to calibrate the app's precision.



CONTRIBUTED

Twitter

@metropicks asked: Zuckerberg wants to give the whole world free Internet access hoping they will invest. Is it a good idea?

@auditorydamage: I'm sure this totally won't end up concentrating even more power in FB, which totally won't be abused at all.

@Canucklehead_ca: Good idea? No. GREATEST IDEA! If you're unable to look at cat pictures & argue with



strangers, well ... that ain't living.

@ctmwyn: reducing the technology barrier can't be bad, unless users are forced to sell their personal information before given access.

@cableknitdragon: No because the last thing the internet needs is more facebook.

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SCENE 2

Art with plenty of bark

Cat Person v Dog Person. Artists bring their different talents to a unique art show



BACKSTAGE PASS
Jenna Conter
halifax@metronews.ca

Create what you know.

For Gord MacDhomhniail, it's the unique landscapes admired by too few.

"When I was a kid, I looked around and I was in awe of what I saw. Not specific things, it was just the environment," said the local painter.

An avid artist since the age of nine, while his brother sharpened his archery skills, MacDhomhniail used his Saturday mornings absorbing all he could learn about oil painting.

From how to clean the brushes to the ingredients in the paints, this was the beginning of a life-long love affair with creativity.

"What really struck me as something meaningful was the visceral feeling about my environment — when it's stripped down, it's sky and land and it produced a sense of awe."

Sure, Gord MacDhomhniail is known for his awe-

More info

- **What:** Cat Person v. Dog Person Art Show
- **Where:** Argyle Fine Art
- **When:** On now



Gord MacDhomhniail stands in front of some of his dog art work. JENNA CONTER/METRO

inspiring landscapes that capture the unique light of our region, but it's not all he's known for.

As a kid he had a Boston terrier. And though admittedly he doesn't have hundreds of "dog paintings" in him, his love of breaking out of his own mold and taking a comedic pause worked well with the timing for this year's Cat Person v. Dog Person Art Show on display now at Argyle Fine Art in downtown Halifax.

With two paintings depicting the breed he refers

to as "performance artists," MacDhomhniail is happy to celebrate memories.

"Our dog only lived for four years and she was an incredible critter to have around. She made our lives so much better and we loved her. Paint what you know? What I know is that breed and they have certain personalities."

In the other corner, we have Rita Van Tassel. Starting out as a self-educated jewelry and accessory designer, Van Tassel's love for bold statement pieces with a handmade touch inspired her to fill a

void in the market.

"I started playing with different materials like leathers and fabric. The leather, especially. My parents are both leather craftspeople so it was easy for me to get my hands on those supplies," she said.

Before long Van Tassel was turning heads, leading her to join Etsy, an online selling platform for handmade items. So, how do you go from flashy fun jewelry to cat hangers?

Van Tassel's YouTube channel, GiddyUp Workshop, gives online tutorials for Do It Yourself (DIY) craft projects.

"I came up with this unique faces design to make your own hangers."

When Argyle staff got a look at those, it was an easy push to get Van Tassel to adapt this creative craft into a centrepiece at this recent show.

"For people who have pets, it's not uncommon to have fur all over you so I thought it would be interesting to flip the idea around. So people's clothes would be on their pets."

So, which are you? A cat or a dog person?

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Is Annie Clark afraid of the dark?



Annie Clark spends a lot of time acting against herself in the aptly named film *Solo*. CONTRIBUTED

Solo. Toronto actress takes her first leading role in a freaky twist on the summer camp horror genre

ADAM
NAYMAN
scene@metronews.ca

"I'm a city girl," says Annie Clark, and she plays one in *Solo*, a low-budget but high-efficiency Canadian horror movie about a young woman stranded on an island somewhere in the wilds of Ontario.

Clark's character, a troubled teenager named Gillian, is reluctantly taking part in an initiation exercise where new camp counselors have to spend two nights roughing it in the wil-

derness; as the film goes on, it becomes increasingly clear that she's far from alone. "I was actually going to become a camp counselor," says the 21-year-old Toronto native.

"But when I got to the point where I really had to do a solo, I was terrified. I quit camp before I had to do it, but (with this movie) I had to sort of do it anyway."

As its title suggests, *Solo* is a pretty focused showcase for its leading lady, who spends a lot of her screen time acting in a vacuum. To say more about the other characters would be a spoiler, but there aren't very many of them.

"When I first started reading it, I thought Gillian was going to die in the first few minutes," laughs Clark, who is branching into feature film work after a stint on *Degrassi*:

Quoted

"I did my own stunts. I had bruises all over the place, but I was proud of them."

Annie Clark

The Next Generation.

Clark is still a relative newcomer, but she's already familiar enough with the business to know that it's important for a young actress to make discerning choices when it comes to roles.

"I want to do things I feel strongly about rather than just taking what I can get." She says that she's tried to keep from getting pigeonholed after *Degrassi*, but also that the show was a great initiation into the industry.

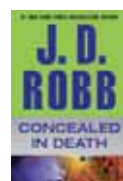
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1. CRAZY TOWN Robyn Doolittle

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Weeks on List: 4



2. CONCEALED IN DEATH J.D. Robb

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Weeks on List: 2

This Week

Weeks on List

- | | |
|--|---|
| 3. THE INVENTION OF WINGS Sue Monk Kidd | 8 |
| 4. DEADLINE Sandra Brown | 5 |
| 5. THE DEMONOLOGIST Andrew Pyper | 7 |
| 6. LIFE AFTER LIFE Kate Atkinson | 8 |
| 7. MY JOURNEY Olivia Chow | 6 |
| 8. PRIVATE L.A. James Patterson | 3 |
| 9. THE DEAD IN THEIR VAULTED ARCHES Alan Bradley | 7 |
| 10. THE TRIPLE PACKAGE Amy Chua | 4 |
| ★ 11. THE MUSEUM OF EXTRAORDINARY THINGS Alice Hoffman | 1 |
| 12. THE AWESOME GUIDE TO LIFE Jason Ellis | 2 |
| 13. CONFESSIONS OF A WILD CHILD Jackie Collins | 4 |
| 14. ALL JOY AND NO FUN Jennifer Senior | 5 |
| 15. THE MOMSHIFT Reva Seth | 3 |
| 16. THE POUND A DAY DIET Rocco Dispirito | 8 |
| 17. THE START HERE DIET Tosca Reno | 8 |
| ★ 18. THE FUTURE OF THE MIND Michio Kaku | 1 |
| ★ 19. THE CHASE Janet Evanovich | 1 |
| ★ 20. THE UNDEAD POOL Kim Harrison | 1 |

Combined Fiction and Non-Fiction Bestsellers for the week, ending March 3rd

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Neda Kalantar, 22, Vancouver

Which past contestants are you most like?

Peter (Brown) in the way he played the game. It didn't work out for him in the end because he made a few mistakes, but I like the fact that he made a really strong alliance with Alec (Beall). I also like how Gary (Levy) had fun in the game. He didn't take anything too seriously.

Are you worried about what your parents may see and think?

I don't think so. I'm really close with my mom and she knows pretty much everything about me so I'm not too scared of that. She'll just shake her head at me. Hopefully I'm not



going to do anything too embarrassing.

What will you do with the money if you win?

I would love to pay off my debts and my mom's debt. It would be awesome to have a down payment for a house.

What's your most unlikeable character trait?

My bluntness. I love that about myself but I know it's something that could get me in a lot of trouble. My filter is a little broken. I tend to over think every scenario.

5

Big Brother house guests

If you thought contestants on the first season of Big Brother Canada brought the drama, get ready for drama on crack in Season 2. We asked five of them to reveal what Canadians can expect when the show premieres March 5 at 9 p.m. ET on Slice.

MAE BOWRING
for Metro Canada



Kyle Shore, 24, Porters Lake, Nova Scotia

How did you react when you found out you were selected?

For once in my life I was speechless. It's like if you're with a girl and her dad walks in and you just freeze like a deer in headlights. That was the feeling.

What's the one word you'd use to describe yourself.

Outgoing, because I love

to party. I have to be social and in the scene. I'll try anything once.

What do you do back home?

Personal trainer. I'm waiting to get into either policing or the military. I can't be a desk jockey. I've got to keep moving.

You're outspoken. Are you worried about offending people?

I've done university speeches where I've had to watch my slang and s— like that.

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Rachelle Diamond, 20, Edmonton

What were you doing before the show?

I'm in my third year of psychology at the University of Alberta. I hope to get my PhD and become a marriage and family counsellor.

Use one word to describe yourself.

Loud. I tend to get loud when in a group because I'm trying to get my point across. I'm expressive and always say what's on my mind.

What character trait might get you into trouble on the show?

I'm not very good at listening to people. I interrupt people, but I don't mean to. That could be an issue because it's important for people to feel heard.

Which past contestants do you identify with the most?

I'm a mix between Jillian (MacLaughlin) and Talla (Rejaei). Jillian's calm and collected and Talla's crazy. I'm in the middle.



Arlie Shaban, 25, Stouffville, Ont.

Which past contestants are you most like?

Strategically, I would play like Emmett (Blois) did. His was pretty flawless. Personality-wise, I'll be like Aneal (Ramkissoon). I liked his mindset about the game. He didn't have enough clout in the house to actually do what he wanted to but he had a good understanding of what was going on.

What's your strategy?

All of the past players say you can't plan too far ahead. I'm going to go in there and be the guy that everyone likes. I'm going to be funny, tell some stories, cook some great meals and do the cleaning. I want people to want to keep me around.

I can tell you're confident about your chances

Strategically, I'll be running the show. I think I'll get everyone to do exactly what I want them to do in a way that they don't know that I'm the one in charge.

What happens if you win?

The experience, to me, is more life-changing than the money. I would just do the same thing I'm doing now with my life. I'd probably take my friends and family on a nice vacation. I'm not going to blow smoke about donating 50 per cent to charity. Sure I'll be a nice guy with the money but it will be with the people who are close to me.



Anick Gervais, 28, Sudbury, Ont.

What did you do before Big Brother Canada?

I'm a business development specialist. It's a fancy word for sales person for a mining company. I might not have a job when I go back. I'm pretty awesome at what I do, so I'm not too worried.

Any other hobbies?

I'm a Reiki master so I work with energies. I'm also studying reflexology, so I give a mean foot massage.

So you'll use that to your advantage?

If somebody's stressed out and HOH (head of household) then I'll be like, 'Hey I'll give you a session if you don't nominate me (for eviction)'.

I'll also use my bartering skills.

Are you worried about how you'll be portrayed on the show?

People always expect the unexpected with me so anything I do, people won't be surprised. Once I met a guy in a bar and less than a month later I lived in Scotland. I just pack up and go. I'm a bit of a gypsy.



THE METRO NEWS JUST FOR LAUGHS DANNY BHOY CONTEST

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Mayim Bialik still boosting breastfeeding

Mayim Bialik may be done nursing her two sons, but she's still more than happy to defend the practice of breastfeeding in public. "I think anywhere you give a bottle, you breastfeed. I would try and be absolutely respectful and conscious of the community I was in, but I don't believe you need to cover up a baby eating anymore than you need to cover up a baby drinking a bottle," the *Big Bang Theory* star tells the *Huffington Post*.



Mayim Bialik



Katy Perry and John Mayer ALL PHOTOS GETTY IMAGES

They're in, then they're out

So much for the engagement rumours. Katy Perry and John Mayer have reportedly split up once again, according to Radar Online. The couple's second go at romance — after an earlier breakup — seemed to be going well, with each being very forthcoming in

interviews about their feelings for each other. They even duetted on Mayer's "Who You Love," and Perry was spotted recently with a diamond on her finger than many thought signalled impending marriage. But it was reportedly Perry herself who initiated the split.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Lawrence looks at year-long vacation

MELINDA TAUB

Metro World News in New York

Have we loved Jennifer Lawrence so hard that we broke her?

Despite — or because of — our affection, the world's most adored actress is planning to take a lengthy hiatus from acting, according to Harvey Weinstein. "She's going to have a long break for a year where she won't do anything. It's been non-stop for her and she deserves a rest," Weinstein, who produced *Silver Linings Playbook*, told the U.K.'s *The Sun*.

Why does Jennifer need a rest from being a movie star? Apparently, carrying two major movie franchises while also starring in a steady stream of Oscar bait (not to mention being relentlessly charming in interviews) can wear on a person. "Jennifer is too nice and will do people favours and agrees to do a movie like *American Hustle* when she could have had a rest," Weinstein said. "She signed on to do *Hunger Games* when she was young and wouldn't have realized how much it would dominate her life. But she's a professional and always will be."

Well, OK. I guess she can take a break, as long as she comes back — and assigns a substitute to make fun of Sarah Jessica Parker's hats in her stead.

Twitter



@ElizabethHurley

Just joined a gym for the first time in 20 years. About to have a fitness assessment. Gulp.



@SarahKSilverman

My morals aren't the same as your morals



@AlbertBrooks

I hope Netflix never opens a restaurant



Robin Thicke

Robin in Thicke trouble with his fans

Robin Thicke may be breaking up with his fans along with wife Paula Patton. The Blurred Lines singer cancelled yet another show on his U.S. tour earlier this week, the third consecutive show to be scrapped. "Due to unforeseen circumstances, Robin Thicke will postpone his performance at Harrah's Cherokee," the North Carolina casino announced on its

website. "This concert will be rescheduled and the new date announced as soon as possible." Thicke also bowed out of shows last week in Atlanta and Orlando, citing vocal problems. "I never want to let down my fans, but I have unfortunately lost my voice and cannot perform," said Thicke, who announced on Monday that he and Patton are separating. If this keeps up, the Boston University students who started a petition to cancel Thicke's March 4 concert there — on complaints of his "misogynist music" — might not have anything to worry about.

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Kloss is now in session: We want those moves like Karlie

She walks the walk...

And talks runway season, that trademark stride and her inner hopeless romantic

RICHARD PECKETT

Metro World News

Karlie Kloss is one of those rarefied models that women obsess over and men lust after. Now her stock is so high rumour has it the American-born model can only be booked for shows through special arrangement.

You've got the most confident walk in the business. Do you find being on the runway empowering?

I do. I really enjoy being on the runway. It's a very different part of my job compared to photo shoots. It's a performance similar to the ballet performances that I remember from growing up, so I enjoy runway shows because of that.

How did ballet prepare you for the modeling industry?

Ballet was the best training I could have had for a modeling career. It teaches movement, gracefulness and how to express emotion. Telling a story through movement is very important in a modeling career.

Valentine's Day has re-



Karlie Kloss rapidly became a runway mainstay after being discovered in 2005 at age 13. HANDOUT

cently come and gone. Did you buy into it or are you a cynic?

Well I do like Valentine's

Day. I like any excuse to show some warmth and love. I think that goes for not just your boyfriend or girlfriend but it's also an



Karlie's career is on pointe

"Ballet was the best training I could have had for a modeling career."

Karlie Kloss

excuse to write a love note to your friends, your mom, anyone.

Are you a romantic?

I am. I am a romantic. Yeah, it's also a good holiday for good chocolate.

What's the cheesiest chat-up line you've received?

Hmm, cheesiest chat-up line: "Did it hurt? Did it hurt, angel, when you fell from heaven?" It's an automatic game over.

You're photographed in lingerie a great deal — a look that men's magazines like to perpetuate as real-life. Is this the case?

No, I'm into sweatpants and my boyfriend's T-shirt. I like to be totally boring and watch [American] football, there's no fancy lingerie. But on a special occasion it's always fun to get dressed up and that's why there's some good stuff here at Victoria's Secret.

Good plug.

Canadian street style

Spotted in: Toronto

Name: Kara Lane

Age: 23

Occupation:
Front woman of
angsty pop band

What she's wearing
Doc Martens, camo pants

from Value Village, Cowichan sweater stolen from my friend's boyfriend and a head chain from Emidesh.

Her inspiration
Xena, the warrior princess.

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Trends Report

Retro fashion and beauty is seeing a revival this spring, inspiring the latest looks on both fashion runways and red carpets. Go online to Trends Report to see how you can get the look that singer Taylor Swift has mastered.



• Online. Follow Irene on Twitter at @MetrolreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Taylor Swift images from Getty Images

3 LIFE

Nursery, I got hue, babe

Crib notes. Looking for non-traditional colours for your newborn's room? We've got you covered



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

I am expecting a baby and don't ascribe to the traditional colours for decorating a baby's room. I also don't know the sex of my unborn. What are neutral-gendered, on-trend colours for painting and decorating?
— Nathalie Hicks, Toronto

More parents are opting for non-traditional baby rooms and decorating the space to please themselves as they spend time with their newborn. Once a child develops a preference for styles and colours, usually by age three, it's a good time to re-decorate to suit their personalities. Happily, many retailers carry

colourful nursery decor that falls outside traditional schemes.

Here are a few designer tips to get you started:

1. Match any wood tones of baby furniture to other wood tones you might already have throughout your home, such as dark espresso or bleached oak.

2. Consider using a grown-up area rug with fabulous colours and patterns instead of the predictable nursery story-printed rugs.

3. Never be afraid of using deep colours for a newborn's room. It's a space where you are training them to sleep, so the less stimulation the better.



Mix whimsy and colour for those early years. Canadian designed Duc Duc Crib offers a toddler bed conversion kit and a variety of fun words to apply. \$1,634, modernkaribou.ca



A quirky orange kangaroo plush cushion becomes an instant best friend for baby. Its pocket makes a great spot for an extra soother. Machine washable. \$10, simons.ca

Hazy Lilac 2116-40 paint creates a cozy room to complement dark or light wood tones and trendy shades of grey and orange.
benjaminmoore.ca



Keep storage long and low so toys can be displayed at a comfy height, leaving room for shelves and hooks above.
Bjursta Sideboard, \$300, ikea.ca



A recycled rug is on trend and a perfect choice for a child's room.
Ottoman Yama Patchwork 6x8, \$475, ecarpetgallery.

Cookbook of the Week

Cultures and tastes

As a mother, wife and chef who runs three busy New York City restaurants, Einat Admony knows about being a New Age "balaboosta" (Yiddish for "perfect housewife"). It makes sense then that her cookbook shares the same name. Balaboosta offers 140 recipes that blend Admony's mixed Israeli heritage (Yemenite, Persian) with the Mediterranean palate she developed working in New York City. **METRO**

Flawlessly flavoured from the inside out

"This is the classic Mediterranean preparation for fish, without all the fancy filleting, searing, steaming, or curing," writes Einat Admony in her book *Balaboosta: Bold Mediterranean Recipes to Feed the People You Love*. "The key is to layer the ingredients inside the fish, instead of on top, so that the flavour permeates every last ounce of the meat."

1. Preheat the oven to 350 F.

2. Pat the skin dry on the branzino with a few paper towels. Stuff the cavity of each fish with one sprig each of thyme and rosemary, one garlic clove, and two slices of lemon. Place the fish on a baking sheet lined with parchment paper and drizzle with olive oil.

3. Roast in the oven until cooked all the way through, about 30 minutes.

4. Meanwhile, make the yogurt dill sauce: Combine the yogurt, garlic, lemon juice, and salt in a blender. Puree until smooth, then very slowly add the olive oil in a thin stream. Scrape the yogurt mixture into a bowl and stir in the chopped dill.



This recipe serves four. BOOK IMAGES, QUENTIN BACON

The sauce can be made ahead of time and kept in an airtight container in the refrigerator until ready to use.

5. Serve each fish with the yogurt dill sauce. **EXCERPTED FROM BALABOOSTA BY EINAT ADMONY (ARTISAN BOOKS). COPYRIGHT (C) 2013.**

Ingredients

- Four 1 1/4-lb whole branzino, gutted and cleaned
- 4 fresh thyme sprigs
- 4 fresh rosemary sprigs
- 4 garlic cloves
- 1 lemon, sliced into 8 rounds
- Olive oil
- 3/4 cup non-fat yogurt
- 1 garlic clove, coarsely chopped
- 2 tbsp fresh lemon juice
- 1/2 tsp kosher salt
- 1 tbsp olive oil
- 1 tbsp finely chopped fresh dill

Yogurt Dill Sauce

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TOP SIX @ 6 Weeknights at 6 K8 counts down the HOTTEST songs of the day

6 Pharrell Williams Happy
5 A Great Big World ft Christina Aguilera Say Something
4 Lorde Team
3 Katy Perry Ft Juicy J Dark Horse
2 Jason Derulo Talk Dirty
1 Pitbull ft Ke\$ha Timber

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Bluenoser Duckworth had mind blown in Sochi

Olympian returns.

After an overwhelming three weeks in Sochi, snowboarder is happy to be home



ANDREW RANKIN

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Alexandra Duckworth's Olympic journey finally ended when her plane touched down at the Halifax Stanfield Airport on Wednesday afternoon.

Since leaving Sochi's Olympic Village, Duckworth had spent almost two full days in transit. Finally, she arrived exactly where she wanted to be: Home, where the 26-year-old could finally reflect on what she called a mind-blowing experience.

"I don't know how long I'm going to be home for," she said with a laugh. "I'm just looking forward to going to sleep in my bed."

Her immediate plans were to wake up in her hometown of Kingsburg on the South Shore, then visit friends at the Canada Games Centre and head down to Ski Martock to hit the slopes.

It's been a whirlwind. Just a couple of weeks ago she had completed her semifinal run in the women's snowboarding halfpipe event.

It didn't go exactly as planned. But overall she was happy with her previous performances. The moment her final run ended her emotions took over.

"It was such a relief. I just started crying. It was like, what do I do now?"

But there was so much



Alexandra Duckworth competes in the women's Olympic halfpipe snowboarding semifinal on Feb. 12 in Sochi. CAMERON SPENCER/GETTY IMAGES

more than just the performance. There were the epic Olympic parties. The unforgettable opening and closing ceremonies where she found herself dazzled by over the top theatrics, especially a particular performance compliments of Canada's own Cirque du Soleil.

Then there was the vast and sprawling Olympic Village.

"It was 45 minutes to walk from one end to the other and along the way were these beautiful structures I've never seen before, coated with bright incredible light displays. It was so futuristic. People were referring to it as the Hunger

Games."

All along, she felt the support and love from back home, especially after finding out that a crowd of her fans had gathered at Bayers Lake Cineplex to watch her qualifying run.

"That meant everything to me."

She's aiming for the 2018 Olympics. With her season pretty much over, she's taking time for herself.

"All of the relationships and experiences from Sochi will just keep on unfolding. But I'm here now. I'm drawn back because it's home and I find such a great energy here."



Duckworth arrives at Halifax Stanfield Airport on Wednesday afternoon. ANDREW RANKIN/METRO

AUS hockey. Huskies halt Varsity Reds' 13-game win streak in double overtime

Anthony Peters made 50 saves to lead the Saint Mary's Huskies to a 2-1 double overtime win over the New Brunswick Varsity Reds in their semifinal opener in Fredericton on Wednesday.

Mitchell Maynard finally put the game away with a power play marker just over five minutes into the second overtime

frame.

With the loss the AUS' No. 1-ranked team saw its 13-game winning streak snapped.

Philippe Halley finally solved Peters and knotted the game at 1-1 just past the midpoint of the third period.

But Peters shut the door from there.

The teams square off in

Game 2 of their best of five series on Thursday in Fredericton.

Stephen MacAulay scored the other goal for Saint Mary's.

UNB netminder Charles Lavigne made 24 saves in the loss.

In the other AUS semifinal opener, the Acadia Axeman topped the Moncton Eagles Blues 5-2. ANDREW RANKIN/METRO

NBL Canada

Rainmen reserves quiet Storm

The Halifax Rainmen took advantage of an exhausted opponent on Wednesday night, pulling out of a two-game slide with a 108-96 victory over the Island Storm at the Metro Centre.

The game was delayed two and half hours due to the Storm arriving late from their Ontario road swing.

The Rainmen (12-28) bench was the difference outscoring the Island's secondary unit 59-28. Led by Raven Barber's 24 points, Halifax was in fine shooting form, posting 48 per cent (41 of 84) from the field. Jason Williams chipped in with 23 points, while Tim Parham scored 19 points and grabbed 17 rebounds. Antonio Ballard led the Storm with 21 points.

The teams will faceoff again at the Metro Centre on Thursday. METRO

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4 SPORTS



Sidney Crosby celebrates with teammates Chris Kunitz, Duncan Keith, Patrice Bergeron and Shea Weber after scoring a second-period goal against Sweden during the gold-medal game at the Sochi Winter Olympics on Sunday. STREETER LECKA/GETTY IMAGES

Returning champs eager to go to work

NHL. Penguins stars Crosby, Kunitz have little time to bask in success with rough schedule ahead

Sidney Crosby's second Olympic experience wasn't as dramatic as his first, but it was just as rewarding.

Crosby returned from Sochi with another Olympic gold medal, this one as the captain of the Canadian team. Leading a national squad certainly brings a different sense of responsibility, but the same expectation.

"I think everybody feels a sense of pride, but also a sense of relief knowing you were able to do what everybody expected," Crosby said Wednesday. "It's not easy to win, but to be able to go in there with the goal of winning and achieve it is a great feeling."

Now, Crosby and fellow

Captain Canada

"It was a great experience.... Obviously, winning makes it better." Sidney Crosby, on his goal in Sochi's gold-medal game.

Canadian gold medallist Chris Kunitz are ready for a return to normalcy in the NHL, joining head coach Dan Bylsma and five Olympic teammates, including Russia's Evgeni Malkin, as the first-place Penguins prepare for a stretch that features 24 games in 46 days.

"It's good to get into a routine again," Crosby said. "Managing rest is something we definitely have to keep in mind."

Canada steamrolled through Sochi, allowing three goals in six games for its third gold medal in the last four Olympics and record ninth overall.

"Everybody talks about our defence, but I think we were able to control the puck a lot in the offensive zone and when you do that, teams don't get a lot of time or energy to

come against you," Crosby said.

The Canadians, who became the first team to go unbeaten through the Olympic tournament in 30 years, never trailed in a dominating effort that culminated in back-to-back shutouts of the United States and Sweden in the semifinals and gold-medal game.

"The last three games, especially, we were at our best, but I think we got better as it went on," Crosby said. "The scores were close, but we felt like we controlled the last three games and played the way we wanted to."

Once again, Crosby's shining moment came in the gold-medal game, this time during the second period against Sweden when he deked goaltender Henrik Lundqvist be-

Russian regret

It was a different experience for Malkin, who came up empty at the Olympics after the host Russians were eliminated on their home soil in the quarter-final round by Finland.

- "I remember in Vancouver we lost and now it's worse," Malkin said. "Of course it's pressure, we played at home. I know everyone played hard ... we played together."

fore depositing a backhand shot across the line.

"We hadn't had a two-goal lead that often up to that point and with the way we had been playing to get a two-goal lead was nice," Crosby said. "I think that was going through my mind more than the fact that I hadn't scored yet."

THE ASSOCIATED PRESS

Hobbling hero. Price suffers lower-body injury

Montreal Canadiens star goaltender Carey Price left the team's morning skate Wednesday with what the club is calling a lower-body injury.

Coach Michel Therrien said Price aggravated the injury while representing Canada at the Sochi Olympics.

"He will not play the next two games and he's day-to-day," Therrien said.

Price was originally expected to make his return Saturday against the Maple Leafs in Toronto. His status for that game is unclear.

Price was participating in his first practice with the Canadiens since helping Canada win a gold medal in Sochi. He was injured while moving laterally to make a save during a five-on-0 power-play drill.

On Wednesday night, Gustav Nyquist scored on a re-



Carey Price TORSTAR NEWS SERVICE

bound with 28 seconds left in overtime to give the Detroit Red Wings a 2-1 win over the Canadiens.

Montreal (32-21-7) had goalie Peter Budaj pulled for an extra attacker when Brian Gionta scored with 29 seconds left in regulation to force overtime. THE CANADIAN PRESS

Golf. Ames shoots his way into Canadian HOF

Calgary's Stephen Ames is the newest member of the Canadian Golf Hall of Fame.

The 49-year-old was unanimously named for induction Wednesday and will become the 74th member of Canada's golf shrine.

Ames, a dual citizen of Canada and Trinidad and Tobago, has recorded four career PGA Tour wins and has earned over \$19.5 million US during his career.

This year, Ames plans to play events both on the PGA Tour as well as the Champions Tour.

A career milestone came in 2006 when the Calgary resident won the the Players Championship by six strokes over Retief Goosen. The victory moved Ames into the No. 27 spot in

Foundation work

Last year, the Stephen Ames Foundation funded the inaugural CIGA Stephen Ames Junior Cup.

- Since 2005, Ames has hosted the Stephen Ames Cup, a Ryder Cup-style tournament featuring a team of Canadian junior players versus Team Trinidad and Tobago. His foundation also provides funding for junior golf programs and other children's initiatives in Canada and Trinidad and Tobago.

the official world golf rankings at the time. THE CANADIAN PRESS

MLB

Joey Bats starts spring training action with a bang

Jose Bautista hit a long home run off Roberto Hernandez three batters into the game, and the Toronto Blue Jays beat the Philadelphia Phillies 4-3 Wednesday in a rain-shortened spring training opener for both teams.

Bautista's home run landed outside of the ballpark at Bright House Field.

The game was called in the middle of the seventh inning.

"It felt pretty good, I can't deny that," Bautista said. "More importantly, I felt like I was seeing the ball great. I haven't been playing for a while so that's a positive."

Bautista missed the last six weeks of the season with a hip injury, the second straight year in which he ended the season on the disabled list. He hit 28 home runs in 2013 after reaching 27 the year before.

THE ASSOCIATED PRESS

Horoscopes

Aries

March 21 - April 20

It won't be long before your mind is back in the groove. You will have a lot to say for yourself today but be very careful that you don't give away secrets to people who may be your rivals.

Taurus

April 21 - May 21

According to the planets, you could make serious money but you need to get serious about your ambitions. Most of all, you need to commit yourself to an objective that may take years to reach. Are you ready?

Gemini

May 22 - June 21

You will be challenged over the next few days, but you will rise to the challenge and come out unscathed. Remember: rivals are more scared of you than you need be of them.

Cancer

June 22 - July 23

You will need to close your ears to criticism today. It does not matter how good a job you do, someone, somewhere, will pick holes in your methods or techniques. Ignore them and carry on as before.

Leo

July 24 - Aug. 23

Be careful what you ask for over the next two or three days because you are likely to get it. Why should that be a problem? Because the responsibilities that go with it could take away a lot of the fun.

Virgo

Aug. 24 - Sept. 23

You will be more emotional than usual today. But that could actually work in your favour, especially if you have not been too open about your feelings of late. Every now and then it's good to let it all out.

Libra

Sept. 24 - Oct. 23

Do something unexpected. The planets indicate that no matter how far you push the limits, at home or at work, others will forgive you. But that's only today. Tomorrow they won't be so generous.

Scorpio

Oct. 24 - Nov. 22

Keep your eye on the ball and keep your mind on what it is you are hoping to accomplish. If you can do that then you will succeed. The approaching new moon will give you added drive and dynamism.

Sagittarius

Nov. 23 - Dec. 21

You don't have to rely on other people. You have high hopes for the future and will make quicker progress if don't have to worry about dragging others along behind you.

Capricorn

Dec. 22 - Jan. 20

For the past two or three weeks you have found it hard to get your thoughts together, which means progress has been slow. Now, your mind will click into gear and you will soon be sailing along.

Aquarius

Jan. 21 - Feb. 19

You don't take risks often but when you do, you go all the way. With that in mind, you are advised to wait until the weekend to follow up on what you are planning. If you start too early you could lose it all.

Pisces

Feb. 20 - March 20

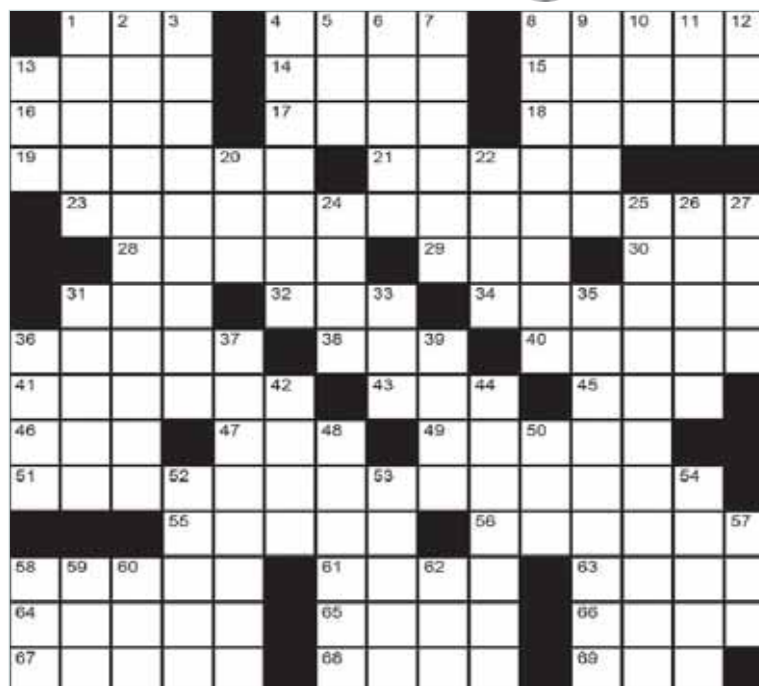
Be assertive and let partners and colleagues know that you intend to put your needs first. This is your time of year and you have every right and every reason to be a little bit selfish.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Possibilities
4. Frost
8. Ancient water nymph
13. Take ___ (Try the drink)
14. Vogue rival
15. ___ boots
16. Saintry symbol
17. Marsh plant
18. Solemn bell sound
19. "You are not!" retort: 3 wds.
21. Farewell, in France
23. Step dancers perform to their music: 2 wds.
28. '70s music
29. Classic game
30. Ms. Long
31. Like
32. Exhaust
34. Fort ___ (Where the American Civil War started in 1861)
36. Roman Empire invaders
38. Seige
40. Sans stopping...: 2 wds.
41. Singer Bonnie's surnamesakes
43. Drivers' org.
45. Actor Mr. Knight's
46. Admiral's org. in The States
47. Juice: French
49. 1985 Power Station hit: "Some Like ___"



51. "The best man in Ottawa...": Lumberjack in the Stompin' Tom Connors song: 3 wds.
55. Flower sort
56. More sore
58. 1998 Edwin McCain song: 2 wds.
61. In ___ of flowers
63. Alfonso XIII's queen's namesakes

64. Sitting spot
65. High
66. Prefix with 'dynamic'
67. "All in the Family" role
68. Opportunity
69. Juiceless

Down

1. Oscar-winning songwriter Mr.

- Hayes
2. Oscars category: 2 wds.
3. It will shine on Ellen DeGeneres as this year's Oscars host
4. Brave acts
5. Corrida call
6. Shake like ___
7. Social news website

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

22. Some apples
24. Outdoors garment
25. "The ___": Piano tune in "The Sting" (1973)
26. 'Nothings' in Nice
27. Chalcedony variety
31. "___ say, not..."
33. BC's ocean
35. "Ace of Spades" British metal band
36. Food
37. Gospels guy, ___
39. Newbie
42. Tallow source
44. In the wrong: 2 wds.
48. Silver fishies
50. "___ Ramsey" ('70s TV Western)
52. Frilly neckwear piece like Austin Powers wears
53. "Easy Livin'" by ___ Heep
54. Beat
57. Record label The Bee Gees were on
58. 'Expert' suffix
59. 19 TV ___ (Production co. for "American Idol")
60. Law: French
62. "Turn to Stone" gr.

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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Variable

Friday



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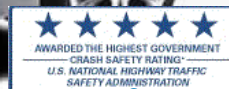
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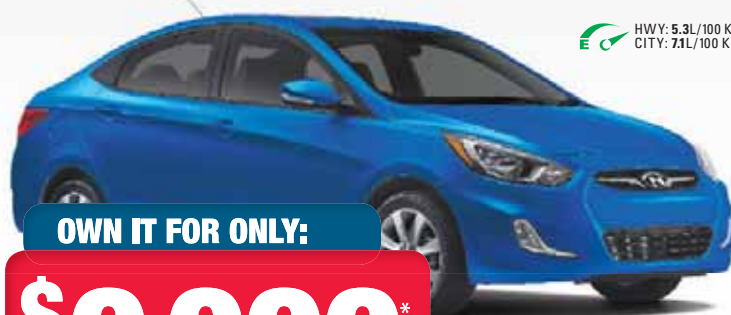


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